



## RESOURCES for JHA's *How racism is embodied curriculum*

### **Social determinants of health and health equity**

- Commission on Social Determinants of Health. (2008) *Closing the gap in a generation: health equity through action on the social determinants of health. Final report of the Commission on social determinants of health*. Geneva: World Health Organization. Accessed December 23, 2009 at [http://www.who.int/social\\_determinants/thecommission/finalreport/en/index.html](http://www.who.int/social_determinants/thecommission/finalreport/en/index.html).
- Dahlgren, G. and Whitehead, M. (1991) *Policies and strategies to promote social equity in health*. Stockholm, Institute of Futures Studies.
- Jones CP, Jones CY, Perry GS, Barclay G, Jones CA. Addressing the social determinants of children's health: A cliff analogy. *J Health Care Poor Underserved*. 2009; 20(4 Suppl):1-12.
- Marmot, M., Friel, S., Bell, R., Houweling, T.A.J., and Taylor, S. (2008) Closing the gap in a generation: health equity through action on the social determinants of health. *Lancet*, 372, 1661-1669.
- Marmot, M. (2005). Social determinants of health inequalities, *Lancet*, 365, 1099-1104.
- Schroeder, S., We can do better: Improving the health of the American People. *New England Journal of Medicine*, 2007, 357: 1221-8.

### **Health disparities**

- Braveman, P, Health disparities and health equity: Concepts and Measurement. *Annual Review of Public Health* (2006), 27: 167-94.
- Dressler W. Race and Ethnicity in Public Health Research: Models to Explain Health Disparities. *Annual Review of Anthropology*. 2005;34:231-252.
- Murray C. Eight Americas: investigating mortality disparities across races, counties, and race-counties in the United States. *PLoS Medicine*. 2006; 3(9):e260.
- Murray C. Eight Americas: new perspectives on U.S. health disparities. *American Journal of Preventive Medicine*. 2005; 29(5):4-10.

### **Racism and health disparities**

- Collins J. Differing Intergenerational Birth Weights among the Descendants of US-born and Foreign-born Whites and African Americans in Illinois. *American Journal of Epidemiology*. 2002;155(3):210-216.
- Geronimus A. "Weathering" and Age Patterns of Allostatic Load Scores Among Blacks and Whites in the United States. *American Journal of Public Health*. 2006;96(5):826.
- Gravlee CC. How race becomes biology: Embodiment of social inequality. *American Journal of Physical Anthropology*. 2009;139(1):47-57.
- Jones C. Going Public - Levels of Racism: A Theoretic Framework and a Gardener's Tale. *American Journal of Public Health*. 2000;90(8):1212.
- Lu M. Racial and Ethnic Disparities in Birth Outcomes: A Life-Course Perspective. *Maternal and Child Health Journal*. 2003;7(1):13-30.
- Mustillo et al. Self-Reported Experiences of Racial Discrimination and Black-White Differences in Preterm and Low-Birthweight Deliveries: The CARDIA Study. *American Journal of Public Health*, 2004. 94(12) 2125-2131.
- Sapolsky, Social Status and health in humans and other animals. *Annu Rev. Anthropol*. 2004; 33: 393-418

## **Critical Health Literacy**

Gould L, Mogford E, DeVoght A. Successes and Challenges of Teaching the Social Determinants of Health in Secondary Schools: Case Examples in Seattle, Washington. *Health Promotion Practice*. 2010;11(3\_suppl):26S-33.

Gould, L., Huang, J., Mogford, E., Barnes, J., Brombach, M. (2010) How racism is embodied: A new health advocacy curriculum. [\*Poverty Race Research Action Council Newsletter\*, 19\(15\) 15-16.](#)

Mogford E, Gould L, DeVoght A. Teaching critical health literacy as a means to action on the social determinants of health. *Health Promotion International*. 2010; Doi:10.1093/heapro/daq049.

Nutbeam, D. (2000) Health literacy as a public health goal: a challenge for contemporary health education and communication strategies into the 21<sup>st</sup> century. *Health Promotion International*, 15, 259-267.

Nutbeam, D. (2008) The evolving concept of health literacy. *Social Science & Medicine*, 67, 2072-2078.

## **Websites on population health issues**

Just Health Action: <http://justhealthaction.org/>

Just Health Action teaches an innovative critical health literacy curriculum which empowers individuals and communities to work towards achieving health equity. Critical health literacy combines an individual's understanding of the social determinants of health (SDOH) with the skills necessary to take action.

Population Health Forum: <http://depts.washington.edu/eqhlth/index.htm>

The Population Health Forum's mission is to raise awareness and initiate dialogue about the ways in which political, economic, and social inequalities interact to affect the overall health status of our society. Our goals are to promote knowledge and advocate for action in service of a healthier society.

Unnatural Causes Website: <http://www.unnaturalcauses.org/>

Unnatural Causes is the acclaimed documentary series broadcast by PBS and now used by thousands of organizations around the country to tackle the root causes of our alarming socio-economic and racial inequities in health. The website includes vast teaching and learning tools and resources. *When the Bough Breaks* is on how racism affects biology.